

ToolBox

In the table 1, all the tools that were suggested are listed and categorized as a start of a toolbox. These will be shared with activists in general and made publicly available. In table Error: Reference source not found, tips for practice as given by the participants are recorded.

Table 1: Tools to foster the utopian imagination

Tools to foster UI	
Type	Suggestion
Artistic & Fun	Read science fiction as inspiration (Respondent 1 (tester))
	Use creative, soulful, intuitive methods (e.g. SoulCollage) ¹ (Respondent 17)
	Use ritual-like practices (shamanic or wicca, or...) (i.e. starhawk.org – combines activism and ritual ²) (Respondent 17)
	Use more utopian art: music, poems, crafts, movie, sketch, show, etc : “We're all big children, and it's widely known, that You learn the fastest when You're having fun at the same time.” (Respondent 28)
	“The [Galway grassroots] zine provides a space for alternative ideas to be discusses and shared. The physical printing and distribution of the zine in the city is an important 'intervention' in the city space, opening up space for these alternatives through chance encounters” (Respondent 44)
Books & Literature: visions, eutopias, dystopias	Book “bolo'bolo” ⁴ (Respondent 23)
	Venus project ⁵ (Respondent 8)
	“Have a booklist of utopian and dystopian books/films for sharing.ask everyone for suggestions” (Respondent 17)
	1. Fiction: '1984' (Orwell, 1949), 'Animal Farm' (Orwell, 1945), 'Brave New World' (Huxley, 1932), 'Woman on the Edge of Time' (Piercy, 1976), 'Oryx and Crake Trilogy' (Atwood, 2003, 2009, 2013)
	2. Non-fiction: Starhawk ⁶ , 'The Great Turning' ⁷ (Joanne Macy)
	Look at authors: Eduardo Galeano, Gustavo Esteva: video 'social movement and hope' ⁸ (Respondent 19)
	Look at writings from activist perspective of Westoby ⁹ , McIntosh and Jensen, in Solnit and Griffiths (Respondent 39)

- 1 “SoulCollage is a process for accessing your intuition and creating an incredible deck of cards with deep personal meaning that will help you with life's questions and transitions.” (<http://www.soulcollage.com/>)
- 2 Earth Activism: “In this workshop, we’ll use ritual, meditation, guided journeys, dance and song to connect with the deep wellsprings of inspiration that the earth offers us. We’ll explore the internal and social barriers that keep us from stepping into our full power. And we’ll work with tools and insights that can help us become more effective co-creators of the new world we must bring to birth.” <http://starhawk.org/event/earth-activism-weekend-workshop-kressberg-germany/>
- 4 http://sfbay-anarchists.org/wp-content/uploads/2015/04/bb_3.pdf
- 5 “The Venus Project proposes an alternative vision of what the future can be if we apply what we already know in order to achieve a sustainable new world civilization. It calls for a straightforward redesign of our culture in which the age-old inadequacies of war, poverty, hunger, debt and unnecessary human suffering are viewed not only as avoidable, but as totally unacceptable.” - <https://www.thevenusproject.com/>
- 6 Starhawk: see writings on the website, i.e. 'The City of Refuge' (<http://starhawk.org/writing/books/city-of-refuge>)
- 7 “The Great Turning is a name for the essential adventure of our time: the shift from the industrial growth society to a life-sustaining civilization.” (<http://www.joannamacy.net/thegreatturning.html>)
- 8 Can't find the video.... other one: Esteva, Video: 2006 Oaxaca Police killings, democracy now: <https://www.youtube.com/watch?v=wMMo23neIOo>
- 9 <https://scholar.google.com/citations?user=2PXSnhHsAAAAJ&hl=en>

	<p>Writings not from activist perspective who “mange to be open to possibility and share that through their writings e.g. Macfarlane, Jamie, Maitland writing about landscape, poetry and silence among other things.” (Respondent 39)</p> <p>Look at “fourfold process of transformation” (Matthew Fox) (Respondent 39)</p>
Intersectionality	<p>“the linking of issues” (Respondent 3 (tester))</p> <p>“combining issues to have more people with similar ways of thinking together. like having a camp” (Respondent 28)</p>
Children ¹²	<p>“Work with children” (Respondent 1 (tester))</p> <p>“Addressing young people, especially children who still have the natural ability of thinking radically. Their [UI] [...] can be preserved by working with them, learning from them and with them” (Respondent 3 (tester))</p>
Meetings	<p>“Meetings that are dedicated to just imagine together with others what we want the world to be like, being open to new action ideas” (Respondent 9)</p> <p>“Practicing UI will improve the method” (Respondent 21)</p> <p>“introduce the concept to more people and meet to practise it, brainstorm ideas and actually implement them” (Respondent 22)</p> <p>“It needs an open mind to think of a different world. And such an openness needs places and times for people to creatively think, of what could be different, what they could live like if things would be different.” (Respondent 23)</p> <p>Discussing “ideas of how things could be better [...] might be a helpful start for discussing the strategies to get there.” (Respondent 15)</p> <p>“I think the most important is that people come together and have time to imagine and brainstorm things. You will never get as much ideas and dreams in an online plattform or chat or whatever, as with some people sitting together on a bonfire or spending a weekend together.” (Respondent 24)</p> <p>“important too to have fun, get togehter,build community,potluck shared dinners, musicmaking etc” (Respondent 17)</p> <p>“Working in dialogue, to question, explore and create meaning together. This could be as informal as having chats over tea or a formal organised workshop (Respondent 44)</p> <p>“I link the idea of utopian imagination to Paulo Freire's idea of consciensiation: supporting individuals and groups to develop an analysis that challenges the hegemonic 'common sense' of elites. In this sense, popular education approaches and methods could be seen as fostering a utopian imagination.” (Respondent 44)</p>

12 Some ideas could potentially be found in Ginwright (2008).

Retreats	“Taking long breaks from capitalist society, being given an opportunity to be, think, reflect” (Respondent 1 (tester))
	“So places where people get together and do something in a different way can create such an atmosphere, even if it is only temporarily. Places where people try to live different ways over a longer period (like communes, ...) also can help to foster imagination” (Respondent 23)
Inspiration	“Being open to new action ideas, inform yourself about struggles and methods of other activists” (Respondent 9)
	“Taking the time to share utopian ideas, thereby inspire each other, thereby become more inspiring for others. This leads to positive feedback by seeing people become more open to ones ideas...” (Respondent 15)
	“Learning more about what happened in spain in the thirties ¹⁴ , and what is happening in Kobane and other parts in kurdistan/syria ¹⁵ at present in the midst of all the violence..to spread that info and be inspired.” (Respondent 17)
	Home weeks ¹⁶ of CDRA (Community Development Resource Association) ¹⁷ in Cape Town (Respondent 39)
	“First nations communities in Canada that through a process of utopian imagination that emerged from the grassroots the model of service delivery was abandoned and a new model is being experimented with that builds on traditional ways of doing things that work through the idea of interconnectedness ¹⁸ .” (Respondent 39)
	“Spreading the ideas, solutions, initiatives, ways of struggling with different issues.” (Respondent 28)
Individual	“And isn't maybe art another indicator for the presence of UI (for example utopian architects after french revolution, ideal workers city etc.)?” (Respondent 24)
	“Apply this imagination [...] also just for your own life, starting with small goals that are easier to achieve and that make you trust in that way of trying to change the world, focus on one goal at a time to not overload yourself”. (Respondent 9)
	“I think a few lead questions would help, also maybe just little inspirations how to creatively escape the pre-fabricated cage of a mind within which I think, could help. Like, day-dreaming while you ride your bike downhill to imagine how you really want things to be. No compromise.” (Respondent 22)

14 Spain in the 30s: The Respondent most likely refers to Spain's Revolutionary Anarchist Movement. See <http://flag.blackened.net/liberty/spain-rev.html>, <https://theanarchistlibrary.org/library/david-porter-spain-model-for-anarchist-organizing> and <https://libcom.org/history/1868-1936-anarchism-in-spain>

15 See for example <http://anarchism.pageabode.com/andrewnflood/resources-rojava-revolution-kurdistan-syria>, <http://anarchistnews.org/tags/kobane> and <http://www.submedia.tv/stimulator/2015/02/21/anarchy-rojava-libertarian-revolution-middle-east/>

16 “During home weeks the focus of the organisation is on itself and what is happening within it. Everyone is involved in this process no matter what their job description is. In this way they engage with not only what is emergent but also with what is being hidden the shadow side of things.” (Respondent 39)

17 <http://www.cdra.org.za/>

18 Some information on interconnectedness: <http://firstnationspedagogy.ca/interconnect.html> and https://secure.cih.ca/free_products/mentally_healthy_communities_aboriginal_perspectives_e.pdf